

ARMYSTRONG



U.S. ARMY

ACE

Suicide Intervention



ARMYSTRONG



U.S. ARMY

ACE

Suicide Intervention



ARMYSTRONG



U.S. ARMY

ACE

Suicide Intervention



ARMYSTRONG



U.S. ARMY

ACE

Suicide Intervention



ARMYSTRONG



U.S. ARMY

ACE

Suicide Intervention



ARMYSTRONG



U.S. ARMY

ACE

Suicide Intervention



ARMYSTRONG



U.S. ARMY

ACE

Suicide Intervention



ARMYSTRONG



U.S. ARMY

ACE

Suicide Intervention





USACHPPM <http://chppm-www.apgea.army.mil/>

Ask your buddy

- Have the courage to ask the question, but stay calm
- Ask the question directly, e.g., Are you thinking of killing yourself?

Care for your buddy

- Remove any means that could be used for self-injury
- Calmly control the situation; do not use force
- Actively listen to produce relief

Escort your buddy

- Never leave your buddy alone
- Escort to the chain of command, a Chaplain, a behavioral health professional, or a primary care provider

TA - 095 - 0605



USACHPPM <http://chppm-www.apgea.army.mil/>

Ask your buddy

- Have the courage to ask the question, but stay calm
- Ask the question directly, e.g., Are you thinking of killing yourself?

Care for your buddy

- Remove any means that could be used for self-injury
- Calmly control the situation; do not use force
- Actively listen to produce relief

Escort your buddy

- Never leave your buddy alone
- Escort to the chain of command, a Chaplain, a behavioral health professional, or a primary care provider

TA - 095 - 0605



USACHPPM <http://chppm-www.apgea.army.mil/>

Ask your buddy

- Have the courage to ask the question, but stay calm
- Ask the question directly, e.g., Are you thinking of killing yourself?

Care for your buddy

- Remove any means that could be used for self-injury
- Calmly control the situation; do not use force
- Actively listen to produce relief

Escort your buddy

- Never leave your buddy alone
- Escort to the chain of command, a Chaplain, a behavioral health professional, or a primary care provider

TA - 095 - 0605



USACHPPM <http://chppm-www.apgea.army.mil/>

Ask your buddy

- Have the courage to ask the question, but stay calm
- Ask the question directly, e.g., Are you thinking of killing yourself?

Care for your buddy

- Remove any means that could be used for self-injury
- Calmly control the situation; do not use force
- Actively listen to produce relief

Escort your buddy

- Never leave your buddy alone
- Escort to the chain of command, a Chaplain, a behavioral health professional, or a primary care provider

TA - 095 - 0605



USACHPPM <http://chppm-www.apgea.army.mil/>

Ask your buddy

- Have the courage to ask the question, but stay calm
- Ask the question directly, e.g., Are you thinking of killing yourself?

Care for your buddy

- Remove any means that could be used for self-injury
- Calmly control the situation; do not use force
- Actively listen to produce relief

Escort your buddy

- Never leave your buddy alone
- Escort to the chain of command, a Chaplain, a behavioral health professional, or a primary care provider

TA - 095 - 0605



USACHPPM <http://chppm-www.apgea.army.mil/>

Ask your buddy

- Have the courage to ask the question, but stay calm
- Ask the question directly, e.g., Are you thinking of killing yourself?

Care for your buddy

- Remove any means that could be used for self-injury
- Calmly control the situation; do not use force
- Actively listen to produce relief

Escort your buddy

- Never leave your buddy alone
- Escort to the chain of command, a Chaplain, a behavioral health professional, or a primary care provider

TA - 095 - 0605



USACHPPM <http://chppm-www.apgea.army.mil/>

Ask your buddy

- Have the courage to ask the question, but stay calm
- Ask the question directly, e.g., Are you thinking of killing yourself?

Care for your buddy

- Remove any means that could be used for self-injury
- Calmly control the situation; do not use force
- Actively listen to produce relief

Escort your buddy

- Never leave your buddy alone
- Escort to the chain of command, a Chaplain, a behavioral health professional, or a primary care provider

TA - 095 - 0605



USACHPPM <http://chppm-www.apgea.army.mil/>

Ask your buddy

- Have the courage to ask the question, but stay calm
- Ask the question directly, e.g., Are you thinking of killing yourself?

Care for your buddy

- Remove any means that could be used for self-injury
- Calmly control the situation; do not use force
- Actively listen to produce relief

Escort your buddy

- Never leave your buddy alone
- Escort to the chain of command, a Chaplain, a behavioral health professional, or a primary care provider

TA - 095 - 0605